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12-Month Prescriptions – Patient Information

Who may be eligible

You may be eligible for a 12-month prescription if:

- Your condition and medication dose have been stable for at least 6 months
- Your medicine does not require regular monitoring (such as blood tests or blood pressure checks)
- The medicine is approved for 12-month prescribing
- You agree to attend an annual in-person review with your clinician

Who is not eligible

A 12-month prescription will not be issued if:

- The medicine is a controlled drug (for example opioids or stimulants)
- The medicine is taken only as needed
- Ongoing monitoring is required within 12 months
- Your condition or medication dose has changed in the past 6 months

If your medication is changed at any time, the 12-month prescription will be cancelled.

Important information

- The final decision rests with your prescriber
- For some patients, a 6-month prescription may be a safer option
- You will still collect up to 3 months' supply at a time from the pharmacy
- You must use the same pharmacy for the full 12 months, or a new prescription will be required

Please talk to your clinician at your next appointment to see whether a 12-month prescription is suitable for you.